

CMT - diagnosis

NOCTURNAL ENURESIS

yes

no

Does child wet bed?

Age > or = 5 years?

WARNING SIGNS

If the answer to one of the following questions is 'YES', then the case is probably not one of simple monosymptomatic nocturnal enuresis

UROLOGICAL SYMPTOMS*

yes

no

Leakages of urine during the day (drops of urine in the underpants – very wet underpants)?

Frequency of urination > 8x/day?

Frequency of urination < 3x/day?

Sudden and urgent need to urinate?

Need to push in order to urinate?

Several urinations?

Illness/malformation of kidneys and/or urinary tract?

PREVIOUS HISTORY*

yes

no

Urinary tract infections?

STOOLS**

yes

no

Constipation?

Traces of stools in the underpants (not due to insufficient wiping of bottom)?

DRINKING HABITS***

yes

no

Does the child drink a lot in the evening and/or at night?

PSYCHOLOGY**

yes

no

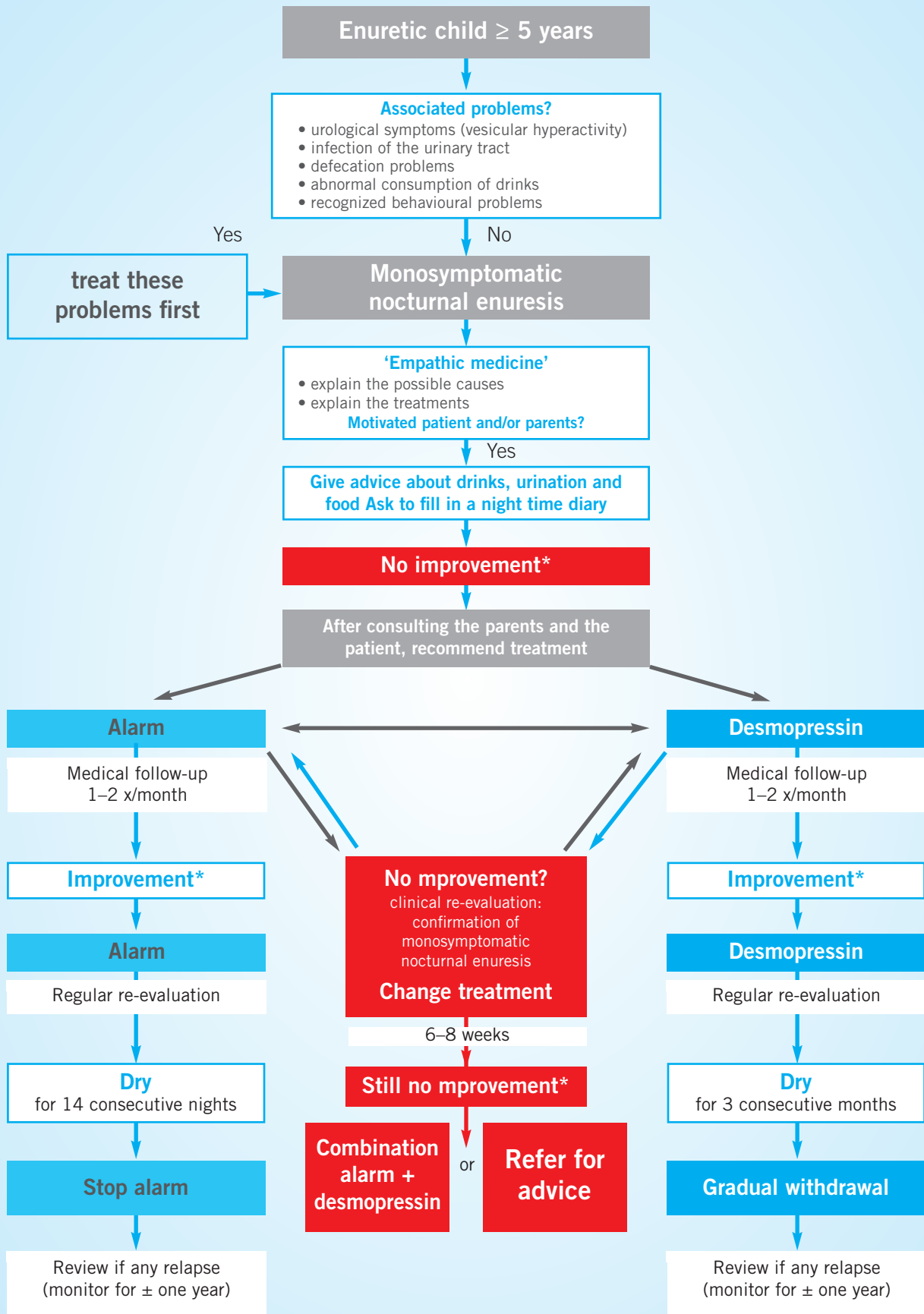
Awareness of behavioural problems or other psychological problems? (e.g. hyperactivity and attention deficit disorder)

* May suggest bladder dysfunction

** Risk of resistance to treatment

*** Risk of side effects when treated with medication

CMT - treatment



*Improvement = less wet or less wet nights or dry